

YOUR  
PASSPORT

WORKBOOK

Live  **MORE**<sup>TM</sup>

ON THE JOURNEY TO  
**MORE YOU**

Live  **WRIGHT**<sup>TM</sup>

## Six Key Skill Areas to get and give the most in life and LiveMORE

*This passport introduces you to the six foundational, regenerative skills of becoming more you so you can develop to the blessing to our world that you can be. Each area has a space for you to record your evidence and discuss with a more knowledgeable other to ground your learning for greater continued learning and growing.*

# Emotional Facility



*Emotions are the arbiters of our pain to pleasure mechanism. They are foundational to our learning and growing. Each one, when heeded, moves us away from pain to greater understanding and mastery of our world. Fear motivates us to safety, hurt and expression of hurt build a stronger sense of self, and anger moves us away from fear and hurt and toward pleasure. It can move us to safety, help heal a hurt to make us stronger and move us toward desired outcomes. Sadness results from the loss of a pleasure and helps us integrate that which we have lost into a stronger, more integrated us. Joy expands us by its very experience into more of ourselves.*

# Emotional Facility

Accomplishment	Brief proof/story - so what, lesson, takeaway, vision implication	Signed off by
<b>Explained the role of the pleasure/pain mechanism in learning and growing</b>		
<b>Discussed role of pleasure and pain in learning starting with language</b>		
<b>Explained the role of the pleasure/pain mechanism in emotions</b>		
<b>Recognized fear, hurt, anger, sadness, and Joy in my body</b>		

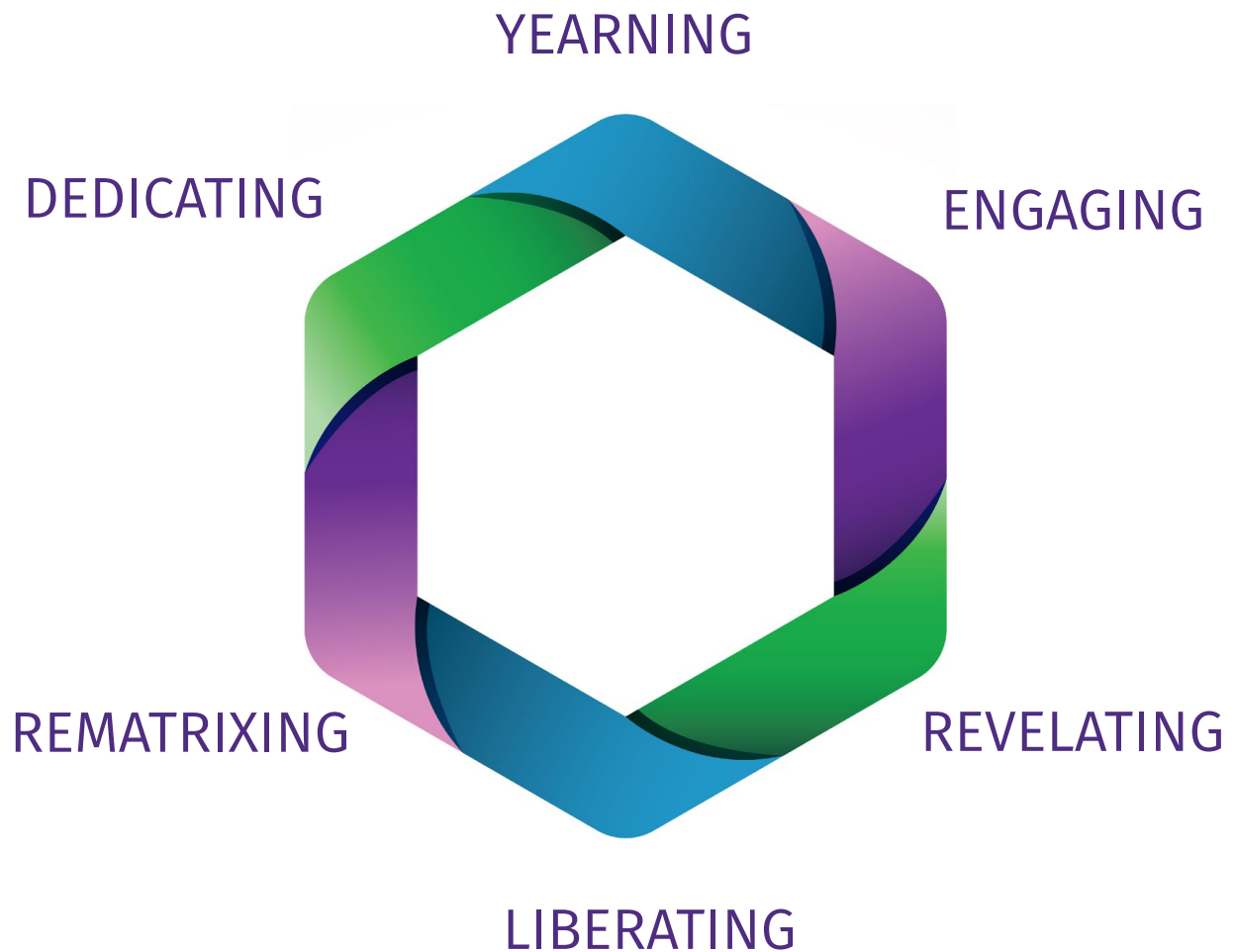
# Evolating



*As you learn to engage in the core yearnings to exist, be seen, influence, and belong, you will learn and grow in awareness of limiting beliefs and experiment with new thoughts, feelings, and actions leading to the emergence of a regenerative you.*

# Evolating

## Evolating: The Transformational Process



# Evolating

Accomplishment	Brief proof/story - so what, lesson, takeaway, vision implication	Signed off by
<b>Recognize and act on each of the core yearnings to...</b>		
<b>...exist</b>		
<b>...be seen</b>		
<b>...influence</b>		
<b>...belong</b>		
<b>Identify the limiting beliefs challenged by these</b>		
<b>Demonstrate acting to challenge a limiting belief</b>		

# The Assignment Way of Living



*Alfred Adler is the researcher who recognized unconscious beliefs that govern our behavior that he called our lifestyle. These were empowering beliefs and limiting beliefs. He originated assignments to challenge these and change our lifestyle.*

# The Assignment Way of Living

Accomplishment	Brief proof/story - so what, lesson, takeaway, vision implication - Challenge limiting beliefs and expand lifestyle - starting with any quarter	Signed off by
Applied an assignment to influence the outcome of a <b>moment</b>		
Applied an assignment to influence the outcome of an <b>hour</b>		
Applied an assignment to influence the outcome of a <b>meeting</b>		
Applied an assignment to influence the outcome of a <b>relationship</b>		

# The Purposeful Leadership Process



*The Purposeful Leadership Process puts it all together as you continue to refine your redemptive narrative about who you are becoming and learn to recognize limiting beliefs in the here and now as they are operating or beginning to operate and choose to operate from new empowering beliefs thereby shifting your way of thinking, feeling, and behaving leading to more you and enhancing your capacity to positively influence, lead, yourself and those around you.*

# The Purposeful Leadership Process

Accomplishment	Brief proof/story - so what, lesson, takeaway, vision implication	Signed off by
<b>Recognize a... ...limiting narrative and to live act your redemptive narrative in the here and now</b>		
<b>...moment of limiting belief and choose to act toward empowering belief</b>		
<b>...limiting thought and replacing it with an empowering thought</b>		
<b>...Fragmented emotion and choose a clear expression of one of the basic emotions and follow it</b>		
<b>... limiting action that takes place or is about to take place and act anew</b>		

# The Purposeful Leadership Process

## PURPOSEFUL LEADERSHIP PROCESS – NEUROSCIENCE & ADLERIAN



### Purposeful Leadership Process

*Blueprint for Life*



SUMMARY PLP

REDEMPITIVE NARRATIVE:

From....

FROM	TOWARD	FROM	TOWARD	FROM	TOWARD	FROM	TOWARD
<b>CORE MISTAKEN BELIEFS</b> I want to challenge	<b>EMPOWERING BELIEFS</b> I want to live from	<b>THOUGHTS</b> I want to diminish	<b>THOUGHTS</b> I want to develop	<b>Feelings fragmented or muted</b>	<b>Feelings I want integrated in an empowering way</b>	<b>BEHAVIORS</b> I want to diminish	<b>BEHAVIORS</b> I want to develop

# The Purposeful Leadership Process

## PURPOSEFUL LEADERSHIP PROCESS – NEUROSCIENCE & ADLERIAN



### Purposeful Leadership Process *Blueprint for Life*



7 Areas of Life | Challenges and Vision

	BODY	SELF	FAMILY OF ORIGIN	FRIENDS, OTHERS & GROUPS	WORK AND ENGAGEMENT/ PLAY	PRINCIPLES & SOCIETY	PURPOSEFUL LIVING & SPIRITUAL DEVELOPMENT
Where I am now (including challenges I'm facing)							
Where I'm going (vision)							

# The Purposeful Leadership Process

## PURPOSEFUL LEADERSHIP PROCESS – DAILY PLANNER



### Purposeful Leadership Process Blueprint for Life



Week of: \_\_\_\_\_ Assignment(s): \_\_\_\_\_ Name: \_\_\_\_\_

Weekly Planner | Hour-by-hour if-thens and assignments

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WAKE							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							

# The Talent Economy



*The Talent Economy is a foundational aspect of the regenerative social system. It values intangible human interactions in which we affirm and reinforce generative thoughts, feelings, and actions in each other by exchanging talents, and discourage limiting ones with stinkers.*



# The Talent Economy

## An Invitation to the Talent Economy

Imagine feeling more nourished than you've ever felt in your life. Imagine being seen and affirmed for the gifts and talents you most value in yourself. Imagine discovering talents you never knew you had, but that were valued by other members of your community—actually pulled out of you by people with wants and desires.

Imagine a currency that creates a mode of exchange—that brings the core values of a community to life. Imagine that this currency reflected the highest Spiritual values of the community.

Imagine an economy where quality of experience is valued over possessions. Imagine an economy where the currency fosters relationships and engagement between members that is unprecedented. Imagine an economy where the person who spends the most yields the most. Imagine an economy that is driven by circulation rather than accumulation. Imagine a new economy where talents and resources are abundant—possibly limitless. Imagine a new economy where the engine of currency drives humanistic growth. Imagine every one of your interactions is an opportunity to give and receive at the level of your heart and soul.

This is the promise of the Talent Economy.



# The Talent Economy

## Talent Economy History

The Talent Economy was inspired by a visit on the Sacred travel trip to a spiritual community called Damanhur. Damanhur is its own “country” within Italy, founded on Spiritual principles, where they have created their own currency as a way of fostering their Spiritual values—since currency represents how we reflect and record what we value. They created their separate currency in order to facilitate circulation and exchange of the gifts between members of the community, versus the traditional economic model of accumulation of currency. They found that the quality of life and health of all members of their community were enhanced as they shared their gifts and talents. We experienced a sense of abundance in our visit and were inspired by their commitment to self-sufficiency.

The idea of utilizing a currency to bring the values of a community to life was intriguing to us, and we determined to play with this on the Sacred travel trip, establishing a “currency” that we called Talents. We had no idea what we had started. We began exchanging talents for things of value that we received from one another that would be above and beyond our ordinary participation in the Sacred travel trip; for example, a back rub, feedback, prayer, or a poem to a fellow Pilgrim. Soon, talents became a way of rewarding or affirming behavior and contributions from other Pilgrims that were of particular value to us. Through this process, we not only parlayed our known talents and gifts, but we also discovered talents and gifts we never knew we had. We thought the winner was going to be the one who had accumulated the most talents; but in fact, it turned out to be the person who spent, earned, and circulated the most talents who derived the most value from the game. The game opened up a level of generative, engagement, and relationship between Pilgrims that grew each day into a greater sense of abundance and nourishment.

Some of the lessons from the game were that circulation was more important than accumulation, because the more talents we exchanged, the more nourishment we were experiencing. We also learned that there was a wealth and satisfaction that came from our experiences of exchanging talents that were more valuable than the accumulation of any currency or possession.

# The Talent Economy

## Talent Economy

Talent Economy	Oudated Economy
<p><b>Assumptions/Beliefs:</b></p> <ul style="list-style-type: none"> <li>- Services and talents are abundant and unlimited</li> <li>- Ability to generate is unlimited</li> <li>- The more I spend, the more wealth and nourishment I have</li> <li>- Win / Win</li> <li>- Mutual self interest</li> <li>- Bio model</li> </ul>	<p><b>Assumptions/Beliefs:</b></p> <ul style="list-style-type: none"> <li>- Resources, services, and creativity are scarce</li> <li>- My ability to generate is limited</li> <li>- Only saving generates wealth</li> <li>- Spending is bad—consumes value</li> <li>- Win/Lose</li> <li>- Self Interest is good</li> </ul>
<p><b>Key Calculations of Success</b></p> <ul style="list-style-type: none"> <li>- Ins PLUS outs equals value created</li> <li>- Measure and quantify process</li> <li>- Emphasizes transactions</li> </ul>	<p><b>Key Calculations of Success:</b></p> <ul style="list-style-type: none"> <li>- Ins MINUS outs equals profit</li> <li>- Measure and quantify outcomes/ results</li> <li>- Emphasizes net income or cap gains</li> </ul>
<p><b>Drivers of Economy</b></p> <ul style="list-style-type: none"> <li>- Intent</li> <li>- Creativity</li> <li>- Generation</li> <li>- Relationship</li> <li>- Mutuality</li> </ul>	<p><b>Drivers of Economy</b></p> <ul style="list-style-type: none"> <li>- Self interest and greed</li> <li>- Money supply</li> <li>- Innovation</li> </ul>
<p><b>Goals:</b></p> <ul style="list-style-type: none"> <li>- Circulate wealth</li> <li>- Max value given and received</li> <li>- Values goals of community</li> <li>- Maximize talents and their use</li> </ul>	<p><b>Goals:</b></p> <ul style="list-style-type: none"> <li>- Accumulate wealth</li> <li>- Maximize value owned</li> <li>- Values goals of individual</li> </ul>

# The Talent Economy

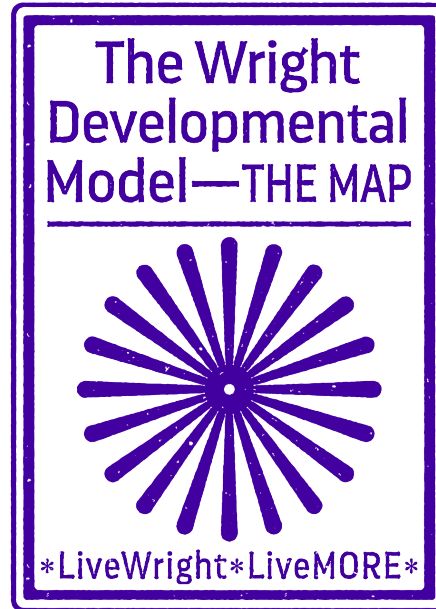
## Talent Economy continued

Talent Economy	Oudated Economy
<p><b>Values</b></p> <ul style="list-style-type: none"> <li>- Relationship, relationship, relationship</li> <li>- Me, WITH the world</li> <li>- Interaction</li> <li>- Mutual thriving</li> </ul>	<p><b>Values</b></p> <ul style="list-style-type: none"> <li>- Individualism is cool</li> <li>- Me against the world</li> <li>- Transaction</li> <li>- Selective survival</li> </ul>
<p><b>Spiritual Foundation</b></p> <ul style="list-style-type: none"> <li>- St Francis—give it all away so that I have more to give</li> <li>- Flow—rate of flow is barometer of the spiritual flow within the system</li> <li>- Putting spirit, relationship, and spiritual nourishment before material wealth and appearance</li> <li>- Maximize talents and their use</li> <li>- Law of attraction—the more I give the more I get</li> </ul>	<p><b>Spiritual Foundation</b></p> <ul style="list-style-type: none"> <li>- Protestant ethic—he who has the most is ok and will go to heaven</li> <li>- One upsmanship—in every human encounter, there is a winner and loser</li> <li>- Attachment—holding physical things and appearances as central</li> <li>- “Law” of scarcity—the more I give the less I have</li> </ul>
<p><b>Structure</b></p> <ul style="list-style-type: none"> <li>- Open transactions—all data available to all participants—based on trust</li> </ul>	

# The Talent Economy

Accomplishment	Brief proof/story - so what, lesson, takeaway, vision implication	Signed off by
<b>Recognize limiting thoughts in others' speech, actions, or apparent beliefs.</b>		
<b>Recognize empowering thoughts, feelings, and actions in others</b>		
<b>Deliver talents and stinkers</b>		
<b>With increasing effectiveness and grace, I acknowledge these in myself and others</b>		

# The Wright Developmental Model



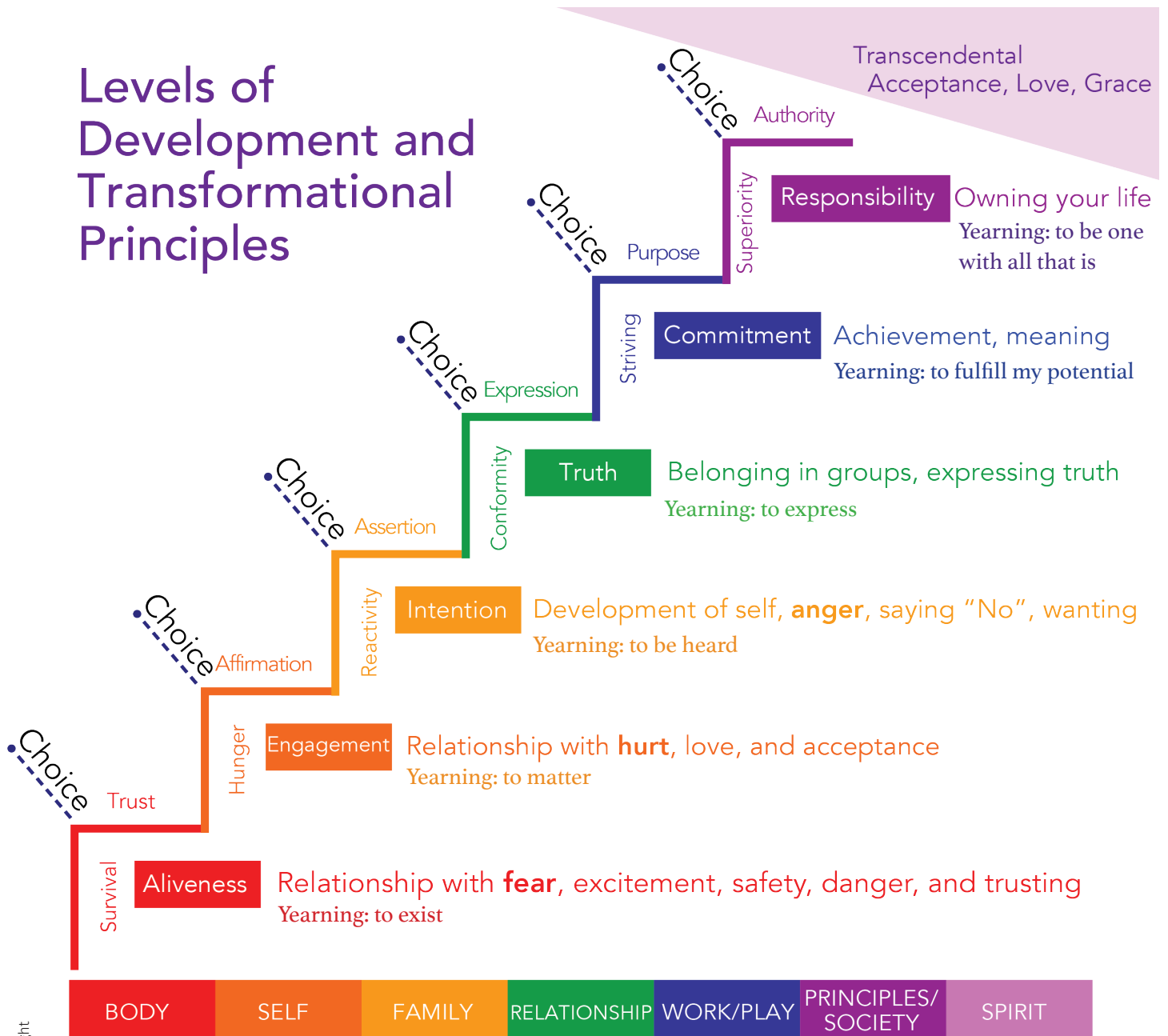
*Over time, you will learn the Wright Developmental Model (WDM) that provides a three-dimensional map for your life, the areas of life, levels of development, and principles by which we live. As you gain facility with the map, you will be able to notice when you get hooked or face life challenges that you can better see what is going on emotionally and developmentally and strategize your own resolution and developmental moves.*

# The Wright Developmental Model

## Wright Model of Human Growth and Development (CONT'D)

The Wright Model of Human Development includes seven levels of development, moving from unconsciousness to consciousness.

### Levels of Development and Transformational Principles



# The Wright Developmental Model

Accomplishment	Brief proof/story - so what, lesson, takeaway, vision implication - Challenge limiting beliefs and expand lifestyle	Signed off by
<b>Recognize yourself at each level</b>		
<b>Recognize yourself using each principle</b>		
<b>Recognize yourself operating in each area of life</b>		
<b>Recognize yourself in each regressive and progressive pole</b>		
<b>Recognize feelings in the moment at each level</b>		
<b>Demonstrate conscious choice to move through the model</b>		